

# Play your best.. On and Off

Make sure you and everyone around you has a good time, on and off the pitch.

# Play Your Part Adult Players

## Code of Conduct

Whether you win or lose, make it a better game. Treat your team, other players and match officials with respect so that everyone has a more enjoyable time, on and off the field.

### Play your part: On and Off the field, Players will:

- Stick to the rules and celebrate the spirit of the game.
- Display and promote high standards of behaviour.
- Always show respect to everyone involved in the game.
- Never engage in public criticism of the match officials and abide by their final decisions.
- Never engage in offensive, insulting or abusive language or intimidating behaviour, verbally or via social media.
- Be aware of the potential impact of bad language on others.
- Win or lose with dignity.
- Listen to the coach/team manager and respect what he/she says.

#### Remember we all make mistakes!

Players understand if he/she does not follow this code of conduct:

- They may be asked to apologise to who they have upset.
- Recieve a formal warning.
- Be required to attend an FA course.
- Be dropped, substituted, or suspended from training and or matches.
- Be asked to leave and or face a fine.

Players must agree to register in advance when requested to indicate attendance at both training sessions and match day.

Players must carry out a self screen check list before travelling to a training session or other football activity to avoid spreading viral infections.